Ki-Do Class Times 2020

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>JR BLACK BELT</td>
<td>DRAGONS</td>
<td>4:30-6:15</td>
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<tr>
<td>DRAGONS</td>
<td>6:00-6:45</td>
<td>BTC</td>
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<tr>
<td>BLACK BELT</td>
<td>6:30-7:15</td>
<td>DRAGONS</td>
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<tr>
<td>DEGREE</td>
<td>6:30-7:15</td>
<td>BLACK BELT</td>
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<td>BLACK BELT</td>
<td>7:30-8:15</td>
<td>BLACK BELT</td>
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<td>DEGREE</td>
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<td>DEGREE</td>
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Beginner’s Program - Covers requirements for first belt. Scheduled by appointment.
BTC - Basic Training Course, develops fundamental self-defense skills.
DRAGONS - Specialized Children’s Program emphasizing development of self-control, respect, focus, and confidence in a super fun environment.
JR BLACK BELT – Junior Black Belt Training Course is an advanced level program designed to help students combat common life challenges, such as peer pressure & bullies. This program helps develop pride, self-image, discipline, concentration & decision making skills.
BLACK BELT Club – Students enjoy earning special prizes and patches while developing Black Belt Life Skills for their everyday lives.
STORM (Special Team of Role Models) – One of our most advanced level programs focusing on the development of advanced physical techniques, positive interpersonal skills and Black Belt Leadership concepts.
DEGREE – Degree Training Course. For students wishing to achieve advanced Black Belt ranks & skills.
KAT (Ki-Do Assistant Training) – Students receive specialized hands-on training, as well as, assistant experience in designated classes.

Ki-Do Important 2020 Dates

Jan 13-16 Operation Black-Out - Special theme week to challenge students with low lighting focus and concentration Black-Out Missions. In addition, Ki-Do Instructors take this opportunity to secretly review S.E.R.T. (Special Emergency Response Training). Lights may go out without warning! Audience should be prepared for anything! The students will be! Students will love it, but not as much as the instructors!

Jan 20 NO CLASS - Martin Luther King Day. This holiday is all about equality & celebrating the 5 First Amendment Freedoms: Speech, Press, Religion, Petition, & Assembly. Enjoy!

Jan 28 & 30 Yellow (Perseverance) Stripe Test. Everyone is welcome to witness students demonstrating their skills for rank advancement. Full uniform required!

Feb 3-27 Perfect Attendance: The Way Of The Tiger Event - Students attending 7 or more classes will be awarded an invitation to attend this special event. Students and their guests will learn “The Way Of The Tiger” through fun and interactive lessons and activities.
Feb 3-27 Students will be challenged to develop a higher level of respect for self and others through Black Belt Principles lessons.
Feb 10-13 Buddy Days for all Dragon and Jr. Black Belt Classes. Students may invite a friend to attend a fun filled class with them. Guests should be at least 4 years old & be willing to participate in some Karate focus & self-control activities.

Feb 17 No Class - President’s Day. Enjoy the holiday!
Feb 25 & 27 Green (Respect) Stripe Test. Green Stripe is a special rank, composed of several challenging tasks, that signifies growth & improvement. Family & friends are all welcome to attend & share in the excitement. Full uniform required!
Mar 2-26 Perfect Attendance: Tiger Scroll - Students attending 7 or more classes by the next Rank Promotion will be awarded the Tiger Scroll.
Mar 2-26 Students will be challenged to develop one of the highest levels of respect & confidence, Black Belt Modesty.
Mar 6 Perfect Attendance: The Way Of The Tiger – Special hands-on seminar for students and their guests to experience the secret lessons of the tiger. Fun & engaging activities designed to captivate & instill greater responsibility, respect, focus, self-control, assertiveness & confidence. Dragon & guest 5:30-6:30 & Jr. Black Belt & guest 6:30-8:00. Uniforms NOT required! Earn an invitation, invite a guest, & prepare for an unforgettable time!
Mar 24 & 26 Rank Promotion & Board Breaking - Students will be expected to demonstrate Black Belt Perseverance, Respect, and Modesty, as well as, wooden board breaking. Family and friends are welcome to attend these action packed tests! Full uniform required.
Mar 30-Apr 23 Perfect Attendance: Students attending 7 or more classes will earn The Tiger Claw Necklace!
Mar 30-Apr 23 Students will be studying the importance of honesty through special lessons and discussions to prepare them for their rank test.
Apr 6-7 DJ Week - Music will be played during class times to help motivate students to be their best. Students may recommend their favorite songs.
Apr 9 Closed for Easter Break. Enjoy the holiday!
Apr 21 & 23 Orange Stripe Test - Requirements encourage students to be open, honest, and willing to grow and change. Denial of weaknesses prevents students from improving themselves. Full uniform required!
Apr 27-May 21 Perfect Attendance: Students earning 7 stamps will be awarded with a special Ki-Do Fortune for their dedication to self-improvement.
Apr 27-May 21 Black Belt Self-discipline will be the focus of study!
May 4-7 Ki-Do’s Child Safety Seminar - Students and their guests will be captivated with fun interactive lessons to instill life saving knowledge & skill. These important techniques will be presented in all Dragons and Jr. Black Belt class times. Free for all! Parents, teachers, and guardians are encouraged to attend. Let’s all learn how to keep our children safe!
May 19 & 21 Purple Stripe Testing. Students will be challenged to develop their self-discipline. Like a mountain (the Purple Stripe symbol), students must learn to stand solid and firm, controlling themselves physically and mentally. Full uniform required!

Ki-Do’s 30th Anniversary!
June 1990-2020

Are you getting Ki-Do Ninja Notes (e-mail reminders of important dates)? Don’t miss out! Request to be added: ki.do.karate.info@gmail.com.