

Ki-Do Class Times 2018

Monday	Tuesday	Thursday
JR BLACK BELT 4:30-5:15	DRAGONS 5:00-5:30	DRAGONS 5:00-5:30
JR BLACK BELT 5:15-6:00	DRAGONS 5:30-6:00	DRAGONS 5:30-6:00
DRAGONS 6:00-6:30	BTC 6:00-6:45	BTC 6:00-6:45
BLACK BELT 6:30-7:15	JR BLACK BELT 6:00-6:45	JR BLACK BELT 6:00-6:45
DEGREE 6:30-7:15	JR BLACK BELT 6:45-7:30	JR BLACK BELT 6:45-7:30
	BLACK BELT 7:30-8:15	BLACK BELT 7:30-8:15
	BLACK BELT 8:15-9:00	DEGREE 7:30-8:15
	DEGREE 7:30-8:15	
	DEGREE 8:15-9:00	

Beginner's Program - Covers requirements for first belt. Scheduled by appointment.
BTC - Basic Training Course, develops fundamental self-defense skills.
DRAGONS - Specialized Children's Program emphasizing development of self-control, respect, focus, and confidence in a super fun environment.
JR BLACK BELT - Junior Black Belt Training Course is an advanced level program designed to help students combat common life challenges, such as peer pressure & bullies. This program helps develop pride, self-image, discipline, concentration & decision making skills.
BLACK BELT - Our special adult program focusing on self-defense & fitness in an energizing, safe & friendly environment.
Black Belt Club - Students enjoy earning special prizes and patches while developing Black Belt Life Skills for their everyday lives.
STORM (Special Team of Role Models) - One of our most advanced level programs focusing on the development of advanced physical techniques, positive interpersonal skills and Black Belt Leadership concepts.
DEGREE - Degree Training Course. For students wishing to achieve advanced Black Belt ranks & skills.
KAT (Ki-Do Assistant Training) - Students receive specialized hands-on training, as well as, assistance experience in designated classes.

Ki-Do Important 2018 Dates

- Mar 19-Apr 12 Perfect Attendance: Students attending 7 or more classes will earn the Master Dragon!
- Mar 19-Apr 12 Students will be studying the importance of honesty through special lessons and discussions to prepare them for their rank test.
- Mar 26-17 DJ Week - Music will be played during class times to help motivate students to be their best. Students may recommend their favorite songs.
- Mar 29-Apr 2 Closed for Easter Break. Enjoy the holiday!
- Apr 10 & 12 Orange Stripe Test - Requirements encourage students to be open, honest, and willing to grow and change. Denial of weaknesses prevents students from improving themselves. Full uniform required!
- Apr 16-May 10 Perfect Attendance: Students earning 7 stamps will be awarded with a special Ki-Do Fortune for their dedication to self-improvement.
- Apr 16-May 10 Black Belt Self-discipline will be the focus of study!
- Apr 23-26 Ki-Do's Child Safety Seminar - Students and their guests will be captivated with fun interactive lessons to instill life saving knowledge & skill. These important techniques will be presented in all Dragons and Jr. Black Belt class times. Free for all! Parents, teachers, and guardians are encouraged to attend. Let's all learn how to keep our children safe!

Ki-Do Important 2018 Dates

- May 8 & 10 Purple Stripe Testing. Students will be challenged to develop their self-discipline. Like a mountain (the Purple Stripe symbol), students must learn to stand solid and firm, controlling themselves physically and mentally. Full uniform required!
- May 14-Jun 12 Perfect Attendance: Students earning 7 stamps will be awarded with a Ki-Do Sweat Band!
- May 14-Jun 12 Students will be studying the importance of Black Belt Integrity.
- May 28 NO CLASS - Memorial Day
- Jun-July-Aug Ki-Do Karate T-shirts may be worn in place of uniform jackets.
- Jun 5-July 26 Summer Schedule effective! Morning classes start for Dragons, JRBBTC, BBTC & Degree. Students may attend morning or evening classes and flip-flop them to work with busy schedules.
- Jun 9 & 10 Schweizerfest Parade - Students may sign-up to participate on the Ki-Do Karate float.
- Jun 11 & 12 Rank Promotion & Board Breaking - Students will be expected to demonstrate Black Belt Honesty, Self-discipline and Integrity. These are the key principles to developing self-respect and esteem, as well as, earning acceptance by others. Family and friends are welcome to attend these special rank tests!
- Jun 14 Awards Ceremony & Ki-Do's 28th Anniversary. Thursday from 6-8:00 PM at the Highland KC Hall. Full uniform required.
- Jun 18-Jul 12 Perfect Attendance: Ki-Do Exhilarama - Students attending 7 or more classes by the next Rank Promotion will be awarded an invitation to attend. Students and their guests will enjoy several exhilarating activities, such as: Nuclear Dodgeball, Mission Possible, Jedi Lightsaber Academy, and Nonjas vs. Ninjas. Earn an invitation, invite a guest, & prepare for an unforgettable time!
- Jun 18-Jul 12 Students will study Black Belt Courage and learn how to face their fears though special hands on lessons.
- July 10 & 12 Blue Stripe Testing. Black Belt Courage is a requirement for Blue Stripe. Students must practice courage in all aspects of their lives, especially when facing challenges.
- July 13 Perfect Attendance: Ki-Do Exhilarama - Students and their guests will enjoy several exhilarating activities, such as: Nuclear Dodgeball, Mission Possible, Jedi Lightsaber Academy, and Nonjas vs. Ninjas. Earn an invitation, invite a guest, & prepare for an unforgettable time! Dragon & guest 5:30-6:30 & Jr Black Belt & guest 6:30-8:00. **Uniforms NOT required!**
- Jul 17-26 Secret Spy School - Ki-Do will become the ultimate Special Agent Ninja training headquarters for this exciting summer program! Tues. and Thurs. from 9:30-11:00 AM immediately after morning classes. Camp tuition is \$48 (includes all materials and equipment). Sign-up early! Space is limited!
- Jul 17-26 Black Belt & Degree morning class times move to 11-11:45, so students may participate in summer pro.
- Jul 16-Aug 9 Perfect Attendance Ki-Do Cash. Students may earn \$5 worth of Ki-Do Cash. Ki-Do Cash may be used on merchandise & drinks.
- Jul 16 -Aug 9 Students will be studying Self-Confidence and the importance of believing in oneself.
- Jul 26 Morning Classes End.