

GRAND MASTER SIFU'S LIFESAVING TIPS

- If you are ever lost in a store, park, fair or other area, ask another mom with kids for help. She will be the best to help.
- If you are ever thrown into the trunk of a car, pull any loose wires you can find. Kick in the corners where the taillights are located. If you break the lights and make a hole, you can stick your hand out the hole and wave so someone will know you are in the trunk.
- If you are riding your bike and a stranger tries to grab you, hang on tight to your bike. You may also grab on to his legs, kick and bite. Fight with all your might not to go with him.
- As you fight to get away, scream for help! Let everyone around you know that this is not your parent by yelling – "THIS IS NOT MY PARENT!"
- There is safety in numbers. Try not to go anywhere alone. If you find yourself alone, try to stay in areas where there are lots of people around.
- Make sure you know your parents' phone numbers. Remember you can call 911 for help.
- The Evil Ninjas may use the internet to trick you much like in person. Think about the ways an Evil Ninja may trick you online.
- You should only email, text, or chat with people you know in person and never with a stranger.
- You should never give out personal information online or by email, such as, last name, address, location, photographs, school, and/or phone number.

PARENT NOTES

Child safety is a fight on multiple fronts:

Physically – children should learn some basic self-defense.

Mentally – children should have knowledge of child abduction tactics such as the 9 Evil Ninjas.

Emotionally – children need adequate positive attention from parents, teachers, and other trusted adults to help fill their need so they don't search for attention elsewhere.

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618-654-KICK (5425) • WWW.KI-DOKARATE.COM

KI-DO KARATE'S CHILD SAFETY PROGRAM

The 9 Evil Ninjas



Hello! I am Grand Master Sifu and I have an important lesson for you. The lesson of The 9 Evil Ninjas.

The 9 Evil Ninjas teach you how to identify dangerous behaviors. This is very important because The Evil Ninjas, dangerous people, are masters at hiding their true selves. They may appear and/or dress like anyone. A dangerous person may be a stranger, but most often it is somebody you already know. So, if you see anyone acting like one of The Evil Ninjas, you must get away from them quickly and tell an adult!

The most important rule you must follow is to *Never Go Anywhere Without Permission* from your parents or whoever is in charge of watching you.

Your best weapon against The 9 Evil Ninjas is to study and understand their ways. The sooner you recognize dangerous behavior, the sooner you will act on it. Use your Black Belt focus and arm yourself with important knowledge of the 9.

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KI-DO KARATE'S 9 EVIL NINJAS

I WILL BE YOUR FREIND

This Evil Ninja pretends to be your friend and many times will wait until you are alone and in need of a friend. Sometimes it is hard to make friends and other times you wish you had a friend to play with. He or she uses this desire against you. This friendly person may act nice and say kind things to you to gain your trust, but make no mistake, he or she is truly evil. Never go with anyone without permission from your parents or from whoever is in charge of watching you.

LET'S PLAY A GAME

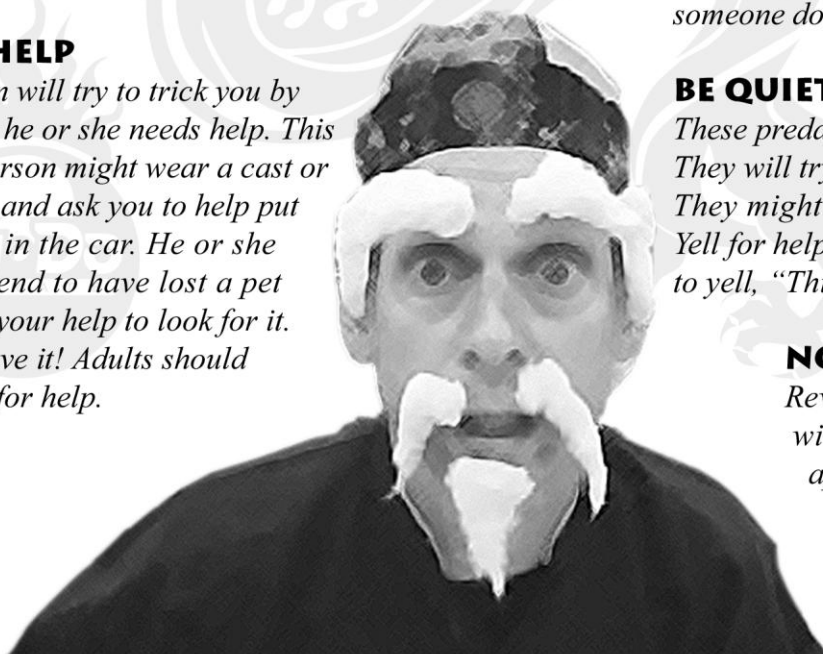
This game player likes to play touching, hiding and finding games. Never play a game with anyone that makes you feel uncomfortable. No one should touch your private areas and you should never touch someone else's. Private areas are parts of your body covered by a swimsuit. If you are asked to play a game that makes you feel sad or bad, tell your parents. Never keep secrets from your parents! They can help you no matter how bad you feel!

I WILL GIVE YOU

This gift giver may offer you candy or toys to win you over. He or she might promise to buy you a special toy or invite you over to his/her house to give you a gift. But the gift giver is a liar. Never accept a gift from an adult without your parents' permission. It may be a trick to lure you away.

I NEED HELP

This person will try to trick you by pretending he or she needs help. This helpless person might wear a cast or use a cane and ask you to help put something in the car. He or she might pretend to have lost a pet and needs your help to look for it. Don't believe it! Adults should ask adults for help.



I WAS SENT

A messenger might tell you a family member is hurt and you need to go to the hospital with them. Your parents would never send a stranger to pick you up. Never go anywhere without permission from your parents, grandparents, teachers, or the office at school.

YOU MUST LISTEN TO ME

This one is hard. You are taught to respect and listen to authority figures such as policemen. Never go with any adult unless you have permission from your parents. A real police officer would never question you or ask you to go with him without your parents.

I KNOW YOU

Just because someone knows your name and things about you doesn't mean you can trust him or her. They may have heard your friends say your name, or they may have read it on your clothing, backpack, or lunch box. These sneaky people may tell you that they are friends of your parents. Never believe a stranger and never go anywhere without permission.

I AM SO COOL

This evil person may be a famous person like a great athlete or entertainer that you may know or recognize. He or she may look "cool" or have cool things (like a motorcycle or sports car), but that doesn't mean you can trust him or her. Just because you look-up to someone doesn't make it safe to go with that person.

BE QUIET AND COME WITH ME

These predators use threats and force as their weapons. They will try to grab you and force you to go with them. They might even threaten to hurt you or your family. Yell for help. Kick, scream, and throw a fit. Don't forget to yell, "This is not my parent!"

NOW PRACTICE!

Review and role play The 9 Evil Ninjas with your family to help you to respond appropriately and to stay safe.