



SAFETY SEMINAR — Ki-Do Karate black belt instructor Heather Hendershott empowers children with a stranger danger lesson at last year's safety seminar. This year the Highland Civic Woman's Club and Ki-Do Karate will present the journey of the steal-proof master child safety seminar from 6 to 8 p.m. Feb. 22 at Ki-Do Karate in Highland for children ages 6-12. This is a free community event, but reservations must be made by Feb. 15. Space is limited. If you have any questions, call 654-KICK (5425) or email kidokarate2@charter.net.