



**TOP 200** — From left are Ki-Do Karate instructors Heather Hendershott, Jeremy Kloss, Zach Rakers, David Daiber and Heather Wiesemeyer. The Highland business was recently named a top 200 Black Belt International School.

## Ki-Do Karate receives a top 200 world ranking

Ki-Do Karate Inc. in Highland was recently awarded for being a top 200 Black Belt International School. The top 200 schools were recognized for outstanding commitment to their students through the excellent programs and services they provide.

"We were very honored to be recognized three years in a row by one of the largest martial arts associations," said

master instructor David Daiber.

Ki-Do Karate offers several children's programs for students as young as 4 years old. These programs were designed by child psychologists and top martial artists to help students develop self-control, self-esteem, confidence, focus and respect, as well as physical skills. Ki-Do Karate also offers programs for teens and adults and spe-

cial courses for students interested in developing leadership skills and/or becoming certified Black Belt Instructors.

"Our highly trained instructors make learning fun and challenging. They are the reason why Ki-Do Karate is a Top 200 School," said Daiber.

For information about the martial arts, or to enroll in classes, contact Ki-Do Karate at 654-KICK (5425).